



OCCUPATIONAL HEALTH
INDUSTRIAL MEDICAL EXAMINATIONS

www.medsafe.co.za | ISO 9001:2015 | SAOGA Member

Saldanha

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Parow Industria

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Paarden Eiland

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Paarden Eiland
Cape Town
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Information Sheet

An Occupational Health Medical Examination is conducted on employees as per OHS (85 of 1993) primarily to determine fitness of an individual for a specific occupation in a specific industry. Furthermore, individuals are then monitored annually, bi-annually or 6 monthly (risk based) to determine if there were any adverse effects due to occupational exposure.

These examinations should be done prior to employment, periodically as well as on exit to protect both employee and employer (employer is protected against possible litigation because of medical records of employees tested).

Our Services Include but is not limited to:		A Medical Examination comprises of the following: All medicals are risk based in accordance with the OHS Act 85 of 1993 -	
<ul style="list-style-type: none">Admin MedicalsAVOP MedicalsMining MedicalsChronic Condition MonitoringPathology (Biological Monitoring)Asbestos MedicalsVaccinations (Twinrix, Hep A, Hep B, Tetanus, Flu)	<ul style="list-style-type: none">Manganese MedicalsDrivers Medicals, PDPFood Handlers MedicalsConstruction MedicalsMulti Drug ScreeningOn-Site management of clinics	<ul style="list-style-type: none">Comprehensive Medical QuestionnairePsychological QuestionnaireFull physical examinationVision screening (Snellen / keystone)Spirometry (lung function test)Audiometry (hearing test)Referral if indicated	<ul style="list-style-type: none">Height Screening (if working on heights)Fitness Certificate (if declared fit for duty)Annexure 3 (to be supplied by company - completed)Any other additional screenings requiredFile reviewed and signed off by Occupational Medical Practitioner

Because we are an owner driven company, we adopt a flexible approach which enables the structuring of tailor-made packages to suit the individual needs of employers. Kindly inform us if you require any unlisted services

Please note:

- A urine screening forms part of a medical – the patient will be required to give an **unsupervised** urine sample.
 - When doing drug screenings – the patient will be required to give a **supervised** urine sample. Medsafe staff will supervise the patient; alternatively, the company can send one of their own Management Members to supervise patients while sample is given. (This needs to be arranged with personnel ahead of medicals)
- (Please note NO drug screening will be conducted without a copy an ID)

General	Payment Terms
<p>Office Hours: Parow & Paarden Eiland: Monday - Thursday: 07:00 - 15:00; Fridays: 07:00 - 12:00, Weekends & Public Holidays: Closed.</p> <p>Saldanha: Monday - Thursday: 08:00 - 16:00; Fridays: 08:00 - 12:00, Weekends & Public Holidays: Closed</p> <p>Fitness certificates are ready for in office collection within 2 days after medicals being conducted</p>	<ul style="list-style-type: none">Payment Terms: EFT (POP to be mailed to the office before the day of the medicals) or Cash (no card facilities) payment in office on the day of the medicals.PLEASE NOTE: Medical examinations will only be conducted upon receipt of POP or cash being paid on the day of the examination

The following must be available on the day of the medicals
To share with employees undergoing medicals

- Copy of Identification Document
- A list of Chronic Medication if on any
- Bring glasses along if using it
- Try and avoid eating / drinking sweet things / heavy meals 1 hr before the medical examination
- Avoid exposure to excessive noise for 16 hours prior to coming for medical examination
- No heavy drinking the night before
- No smoking 2 hours before the medical examination
- Bring something to eat / drink
- Company to supply Material Data Sheets and / or copy of Occupational Hygiene Survey Report BEFORE medical examinations being conducted
- ASBESTOS exposure - X-rays must be brought with when coming for medical examination
- A COMPLETED Annexure 3 for all employees falling under CONSTRUCTION Regulation (To be supplied by company – NO medical will be done without one)**

For ON-SITE medicals contact our sister company:



ON-SITE OCCUPATIONAL HEALTH
Bookings : 060 348 1493 | 021 385 0323 | mobilemed@medsafe.co.za
Website: www.mobile-med.co.za
ISO 9001:2015

PLEASE REMEMBER ANNEXURE 3 OR WE WILL NOT BE ABLE TO ASSIST